Arthritis Ireland Annual Report 2024

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Vision

A better world for people living with arthritis today and a world without arthritis tomorrow.

Mission

We seek to ensure that every person living with arthritis in Ireland is supported to live a full and active life, having access to appropriate health services and treatments.

We work to ensure an enhanced quality of life for people living with arthritis, minimising the devastating effects that arthritis can have on lives.

Purpose

- We are the first and frequent point of support for people living with arthritis in Ireland.
- We develop and deliver the services and supports which allow people living with arthritis to lead full and active lives.
- We listen to our community and advocate solutions to their needs through developing evidence-based policy proposals.
- We influence the research agenda and promote development of new diagnostics, treatments and supports.

Values

- **We understand the importance of trust and acting with the utmost INTEGRITY. We are responsible, accountable and operate to the highest governing standards.**
- **We are committed to TRANSPARENCY and are honest and clear about what we do, what we don't do and why.**
- **Our PERSON-CENTRED approach puts people living with arthritis at the heart of everything we do. Arthritis doesn't discriminate, so it's important for us to understand the lived reality of every person affected by this debilitating disease.**
- **We strive to be INCLUSIVE and ensure that the voices of those living with arthritis always takes priority.**
- **We work in PARTNERSHIP with people living with arthritis, their families, employers, health professionals, service providers and other organisations to achieve the best possible outcomes and greatest impacts.**
- **We are INNOVATIVE, forward thinking and dynamic. We are committed to finding smarter ways of doing things to improve quality of care.**

Welcome from the Chair and Chief Executive

2024 was a year of renewed momentum, community connection, and strategic growth for Arthritis Ireland. As Ireland's national organisation and health research charity for people living with arthritis, we continued to champion the needs of over one million individuals affected by this condition.

Our peer-led helpline and STEPS programme provided guidance, assurance and support to almost 2,000 individuals this year. These services remain a lifeline for those navigating the complexities of arthritis. Our self-management and physical activity programmes continued to be delivered nationwide, as well as online, reaching 635 people. These programmes continue to empower participants with practical tools to manage pain, improve mobility, and enhance mental wellbeing.

In anticipation of the launch of our centralised community activities programme in early 2025, we initiated a comprehensive change management strategy to transition from a network of community branches to a unified and coordinated model of service delivery. We extend our sincere appreciation to our dedicated volunteers, whose unwavering commitment and support were instrumental in facilitating a smooth and effective transition. The local initiatives they continue to champion play a vital role in promoting social engagement, fostering meaningful connections, and encouraging physical wellbeing — each of which remains essential to the fabric of our community.

We continued our commitment to advancing research and advocating on behalf of the over one million people in Ireland that live with arthritis and related conditions with the launch of the **Counting the Cost of Arthritis research report**. The report underscores the critical importance of access to healthcare provisions, pharmaceutical treatments, and ancillary support services such as physiotherapy and occupational therapy in the effective management of arthritis. However, notwithstanding the indispensable role these interventions play, a significant number of individuals are compelled to finance them independently. This financial burden persists even in cases where the severity of the condition restricts full-time employment or necessitates complete withdrawal from the workforce.

Arthritis Ireland maintained strong momentum in its fundraising efforts throughout the year, driven by a dynamic calendar of events that engaged communities nationwide. Flagship initiatives such as the Dublin Marathon, the Vhi Mini Marathon, and the Cork City Mini Marathon provided not only vital financial support but also powerful platforms for raising awareness and solidarity. Our National Raffle, and a growing number of personal fundraising campaigns, further demonstrated the generosity and commitment of individuals who continue to champion our mission.

The organisation continued to broaden the scope and impact of its education, awareness, and advocacy initiatives, with a focus on elevating the lived experiences of individuals affected by arthritis. Through a range of educational and awareness campaigns and resources, Arthritis Ireland played a pivotal role in highlighting the widespread prevalence and multifaceted impact of arthritis, challenging misconceptions, reducing stigma, and advocating for improved access to services and supports across the country.

We are deeply grateful to our donors, volunteers, healthcare partners, and the arthritis community for their unwavering support. Together, we are building a future where no one faces arthritis alone.

Tim O'Sullivan
Chairperson

Gráinne O'Leary
Chief Executive

Arthritis Ireland Impact 2024

Our community

30,983

Service users, members, donors, health care professionals, and people who have registered for information and support

Online engagement

13,905

Newsletter subscribers

51,907

Social media followers

106,344

Website users

1,877

Webinar participants

Volunteer community

1,384

Ordinary members

80

Volunteers, leaders, ambassadors & committee members

Self-management & physical activity courses

283

Living Well with Arthritis & Living Well with Pain participants

29

Behind the Pain participants

323

Adapted Exercise Programme & Be Active with Arthritis participants

Helpline

1,614

Contacts with helpline / online support

4,188

Number of members of private online forum

401

Number of STEPS programme referrals

Research activity

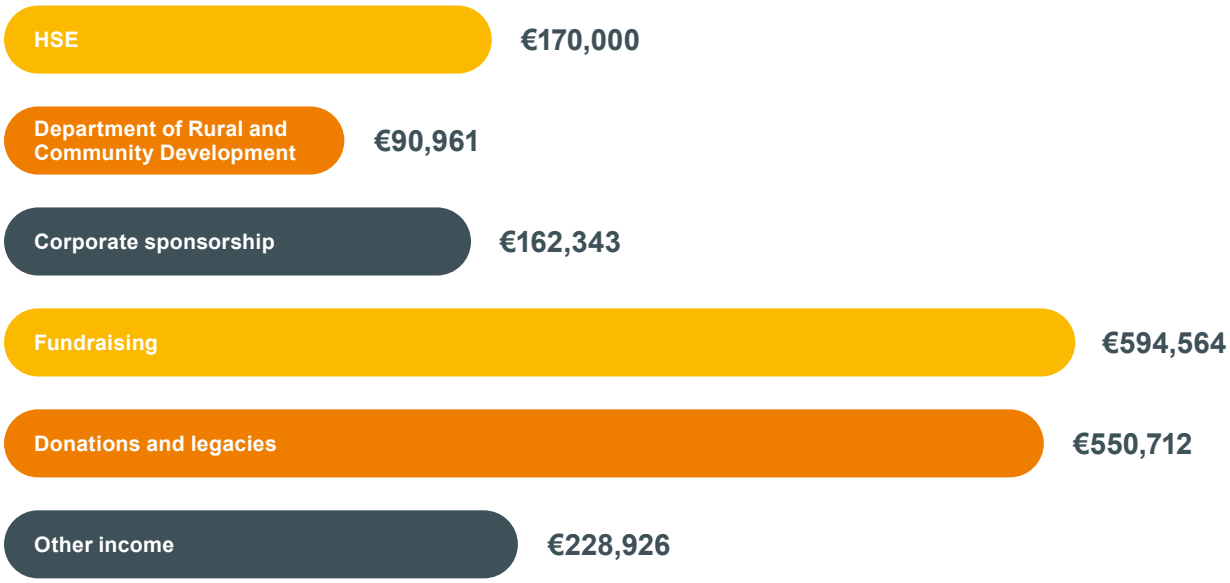
€101,009

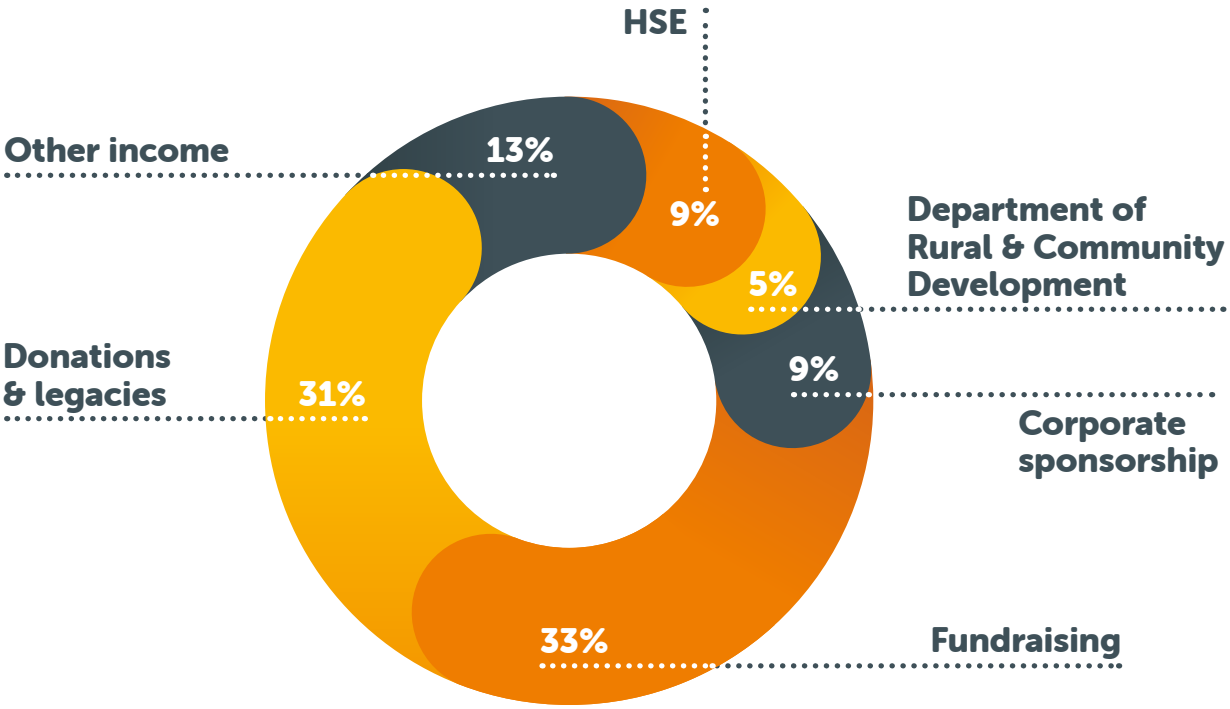
Invested in research

How we raised money

In 2024 we had income of €1,797,506.

Our main sources of income include:



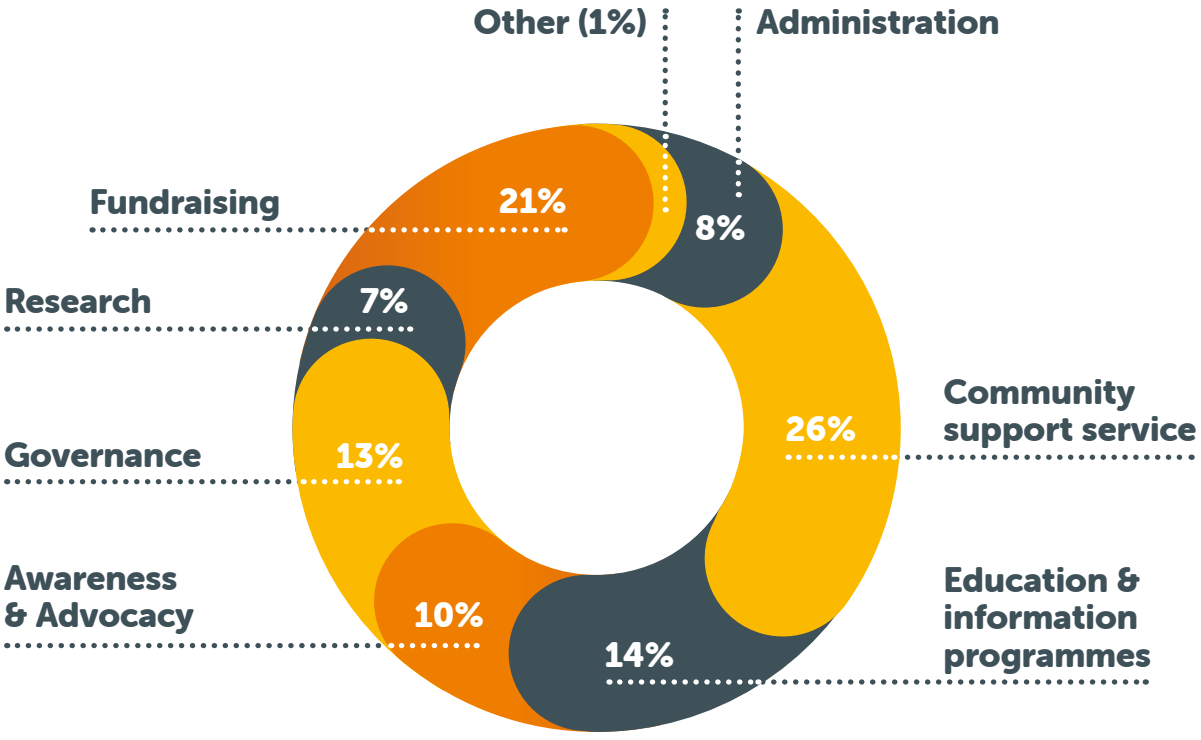


How we spent money

In 2024, our total expenditure was €1,373,629.

Over half (57%) of all expenditure was spent on delivering community support services, education and information programmes, research and awareness and advocacy initiatives in 2024.

Of every €1 we spent in 2024, 0.21 cent was invested in raising funding.



Empowerment through support

Helpline pilot programme and the evolution of STEPS

Between April and July 2024, Arthritis Ireland, in collaboration with the National Clinical Programme, conducted a pilot programme for the helpline at three selected sites: Our Lady's Hospital, Manorhamilton in Leitrim, Cork University Hospital in Cork, and Tallaght University Hospital in Dublin. These locations were chosen to ensure representation from diverse cohorts across the country, including individuals who might not typically engage with our helpline services.

The pilot served as a fact-finding initiative providing Arthritis Ireland with key insights to advance the Clinic Referral Programme. The programme provides patients with a direct route from the clinic where they are diagnosed, to the support of Arthritis Ireland and the services the organisation has to offer., emphasising supported 'self' management'. Early findings indicated that the initial approach redirecting non-clinical calls from the nurses was not effective in reaching patients directly. The evidence suggested that a passive helpline model was insufficient and that a more proactive approach was needed.

In response, the programme was repackaged to introduce structured call packages, clinic visits, and a revised engagement model, leading to the rebranding of the Clinic Referral Programme as **STEPS**. This transformation positioned STEPS as a peer-driven initiative, fostering direct connections between individuals with arthritis and trained volunteers who understand their experiences first-hand. The success of this evolution underscores the importance of adaptive support systems in ensuring accessible and meaningful assistance for those living with arthritis.

Arthritis Ireland STEPS programme

In 2024, Arthritis Ireland's STEPS Programme (formerly the Clinic Referral Programme) received 401 referrals from 27 sites nationwide. Each referred individual spoke with a trained Arthritis Ireland helpline volunteer, discussing a wide range of topics — covering 31 different conditions in total.

Osteoarthritis (101) and rheumatoid arthritis (100) were the most frequently discussed, followed by fibromyalgia (72), psoriatic arthritis (64), and unspecified inflammatory arthritis (41). During these calls, participants were guided through a screening form and received a personalised information pack tailored to their needs. A consistent theme across all conversations was the importance of a healthy, balanced diet in managing arthritis.

The insights, conversations and questions gathered through our helpline, STEPS programme and the Arthritis Ireland Facebook Support Group inform our wider communications activities and shape awareness campaigns, webinars, blogs and other outreach activities to better inform and support our community.

Because our volunteers are not medically trained, the webinars provided a valuable opportunity to connect callers with healthcare professionals who can offer expert guidance. In this way, the STEPS programme not only supports individuals one-on-one but also helps us identify the most pressing concerns within the arthritis community - ensuring that our educational resources remain relevant. responsive and impactful.

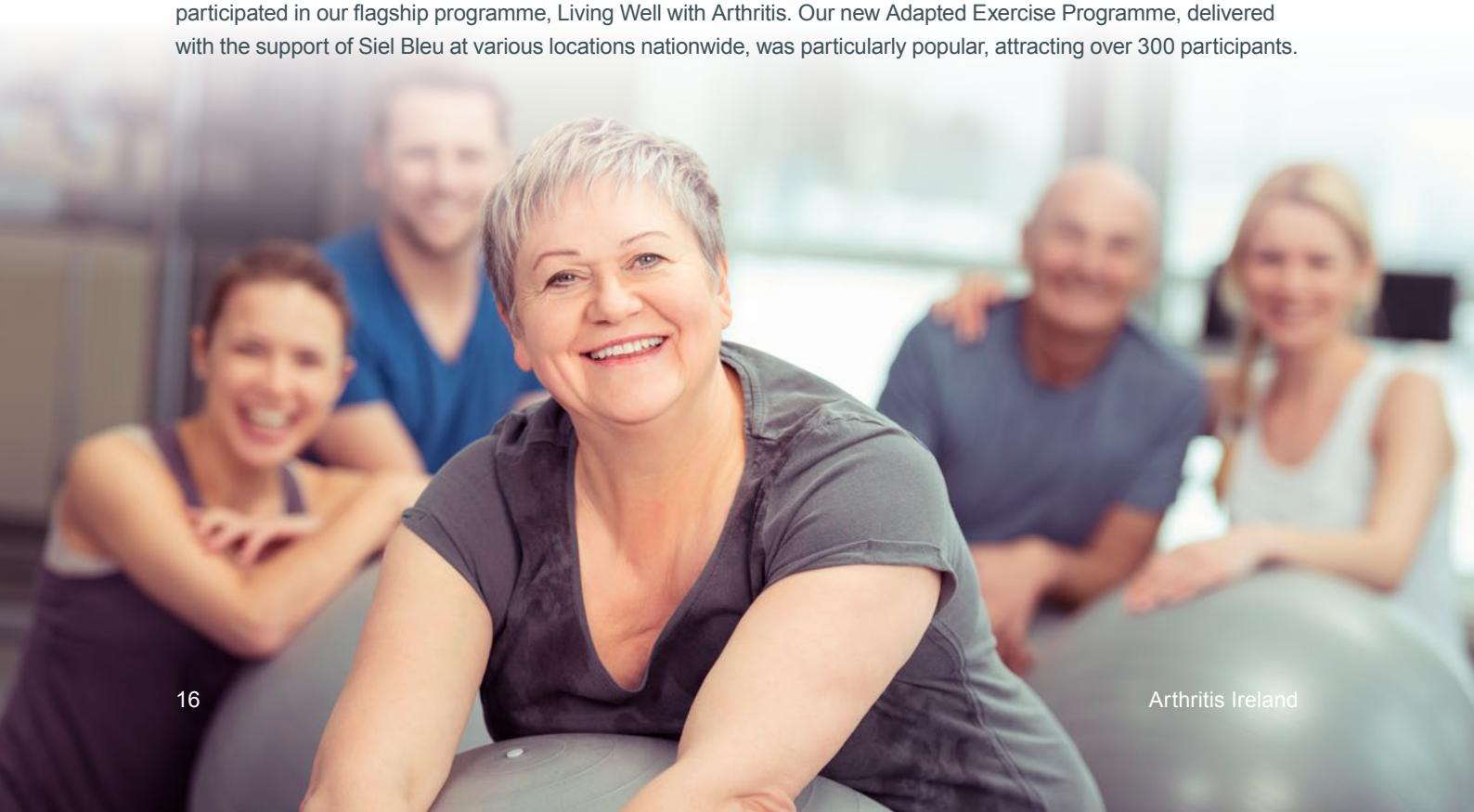
Transition to a centralised Community Activities Programme

In preparation for the launch of our centralised community activities programme in early 2025, we embarked on a structured change management process to transition from a national network of community branches to a centrally coordinated approach for community delivery. This shift was made possible through the dedication, patience, and collaborative spirit of our volunteer network, who actively engaged in the transition and planning phases.

Throughout this process, volunteers played a crucial role in conducting community audits, gathering valuable insights to ensure continuity and improvement of existing initiatives. Their commitment to engagement, cooperation and support helped lay the foundation for an organised and streamlined approach, allowing us to build upon previous efforts and expand our reach effectively. This collective effort reflects the strength of our volunteer-driven model and underscores the importance of community participation in shaping the future of our services.

Self-management and exercise programmes

Our self-management and physical activity programmes continued to be delivered both in-person and via online platforms, reaching a total of 635 participants. These programmes continue to empower individuals with practical tools to manage pain, enhance physical mobility, and promote psychological wellbeing. Almost 250 people participated in our flagship programme, Living Well with Arthritis. Our new Adapted Exercise Programme, delivered with the support of Siel Bleu at various locations nationwide, was particularly popular, attracting over 300 participants.



Insights to Impact

Counting the Cost of Arthritis

Arthritis Ireland unveiled its landmark research report, *Counting the Cost of Arthritis*, on November 19th outside Leinster House, followed by a webinar with researchers from RCSI's School of Population Health. This comprehensive study, the first of its kind in Ireland, sheds light on the significant financial and personal burden borne by individuals living with arthritis.

Drawing on insights from over 1,600 participants, the research reveals that essential treatments — such as medications, physiotherapy, and occupational therapy — often come at a high personal cost, especially for those unable to work due to their condition. The report amplifies the voices of people living with arthritis, whose powerful testimonies reflect the daily sacrifices made to maintain their health and dignity.

The launch was supported by a wide-reaching promotional campaign across digital platforms and media outlets. Arthritis Ireland will continue to leverage these findings to inform and strengthen its advocacy efforts, pushing for more equitable access to care and support.

Living with Lupus Campaign

Arthritis Ireland launched a new *Living with Lupus* campaign featuring an in-depth interview with consultant rheumatologist Dr Laura Durcan in November. This campaign covers a wide range of topics such as risk factors, pregnancy planning, treatment options, medication adherence, fatigue, sleep, and the future for lupus patients.

In addition to the interview, Arthritis Ireland developed a new lupus information booklet which will serve as a thorough resource for individuals living with lupus, offering a complete guide to managing their condition.

National Arthritis Week 2024

National Arthritis Week took place from Monday 15th to Sunday 21st April. The overarching theme for 2024 was Debunking Common Arthritis Myths, with the objective of informing, educating, and empowering those living with arthritis to understand their condition, the role that self-management plays in optimising outcomes, and to dispel common myths about arthritis. Using the myth-busting theme, a week-long education campaign focused on one myth each day and was supported by three lunchtime expert-led webinars, featuring Louise Reynolds (INDI dietitian), Professor Helen French (senior lecturer in the RCSI School of Physiotherapy) and Dr John Stack (rheumatologist).

World Arthritis Day 2024

The theme for World Arthritis Day 2024 was *Knowledge is Power: Informed Choices, Better Outcomes.* Arthritis Ireland collaborated with 14 rheumatology clinics to set up information stands featuring Arthritis Ireland branding and materials in order to raise awareness about the disease. Each clinic received a pack of branded materials and shared photographs of their stands on their social media, fostering a strong sense of community and deepening engagement between clinics and the organisation.

EULAR Edgar Stene Essay Competition

The EULAR Edgar Stene essay competition is an international writing competition with the aim of increasing awareness of rheumatic and musculoskeletal diseases. Emma O'Carroll was the winner of the competition in 2024 and travelled to Vienna in June to receive her prize and read her inspirational essay. Emma credits Arthritis Ireland with providing a vital lifeline at a time when she felt completely out at sea and alone facing her diagnosis.

Webinars

Webinars are a key outreach tool for Arthritis Ireland, delivering expert-led, accessible insights on vital topics while strengthening community connection and supporting better health outcomes.

- **World Down Syndrome Day (March):** *Bridging the Gap – Multidisciplinary Care for Children with Down Syndrome Arthritis (DA) Around Transition* featured Dr Orla Killeen (Paediatric Rheumatologist), Rachel Ruddy (Chartered Physiotherapist) and Cathy White (Occupational Therapist). The session explored physiotherapy, occupational therapy, and the transition from paediatric to adult rheumatology services.

- **Gout Awareness Day (May):** Led by Professor Geraldine McCarthy, this webinar focused on the risk factors, diagnosis, and treatment of gout, alongside lifestyle guidance and the potential consequences of untreated disease.

- **Foot Health and Arthritis (September):** Sandra Caulfield (Chartered Physiotherapist) and Yvonne Buckley (Podiatrist) from the HSE Mid-West Foot Clinic discussed common foot and ankle issues, daily foot care, footwear advice, mobility exercises, and guidance on when and where to seek professional support.

Booklets

Arthritis Ireland continues to strengthen its commitment to education and empowerment through its growing collection of information booklets. Designed to support people at every stage of their journey, the booklets cover both general guidance and condition-specific insights — from treatment options to everyday self-management strategies. Widely distributed across rheumatology clinics nationwide, and available digitally via the Arthritis Ireland website, these resources remain a trusted source of clarity and support. Three new booklets, *Living with axSpA, Drug Treatments and Arthritis* and *Living with Lupus* were published in 2024.

The Mindful Monday Blog

The Arthritis Ireland blog serves as a vital resource for individuals living with arthritis, offering thoughtful, accessible content that supports both practical and emotional wellbeing. Covering a wide spectrum of topics — from managing flare-ups and understanding treatment options to navigating relationships, work, and mental health — the blog empowers readers with insights that go beyond clinical advice. It places a strong emphasis on self-management skills, such as building resilience, improving communication, setting realistic goals, and cultivating self-compassion. Through personal stories, expert perspectives, and everyday tips, the blog continues to foster a sense of community and confidence, helping people take control of their journey with arthritis in meaningful and manageable ways.

Inflammation Nation Season 3

Season 3 of Inflammation Nation premiered on January 31st, continuing its mission to spark conversation and connection around living with arthritis. This latest series expands on a rich archive of episodes, diving into diverse and timely topics — from menopause and arthritis to the challenges of disease management. With eight new episodes, the podcast not only informs but also inspires, drawing in fresh audiences and deepening engagement with Arthritis Ireland's vital services and supports.

Powered by Generosity

2024 was a year of remarkable generosity for Arthritis Ireland. Despite ongoing challenges in the fundraising landscape, our community of supporters came together to ensure we could continue our vital work for those living with arthritis.

Legacies

At Arthritis Ireland, legacy giving remains a cornerstone of our fundraising efforts. It provides our supporters with a meaningful way to continue our work and help the next generation. For many, this cause is close to their heart, though they may not realise that a gift in their will, whether small or large, can help end arthritis for future generations. It is thanks to our donors that we can stop the pain and start the cure.

Supporters who choose to include a gift to Arthritis Ireland in their will enable us to make long-term investments in enhancing the quality of life for people living with arthritis. In 2024, we were heartened to receive legacy gifts totalling more than €550,000. We are truly honoured to be the charity of choice for so many generous individuals, and we are deeply moved by their remarkable contributions.

In September, Arthritis Ireland launched a series of social media advertisements inspired by the concepts in our Legacy brochure, aiming to raise awareness about the impact of legacy giving.

The generosity of those who include Arthritis Ireland in their wills empowers us to expand our services, invest in research, and increase the impact of our work. In 2024, we were privileged to receive several significant legacy gifts, including an extraordinary gift of €137,500 in August and another of €220,000 in December. These remarkable contributions are transformative, enabling us to offer new services and amplify our efforts to improve the lives of those living with arthritis.

The entire team at Arthritis Ireland extends heartfelt thanks to all our supporters. Your commitment and generosity make an enormous difference to our fundraising efforts and, most importantly, to the lives of those we serve.

Fundraising Campaigns

The year saw incredible and inspiring campaigns led by individuals who were touched by our work and went above and beyond to raise awareness and funds within their networks. In May, the Vhi Women's Mini Marathon once again highlighted the strength and solidarity of women supporting women. Dozens of participants ran, walked, and fundraised in honour of loved ones and in solidarity with the arthritis community. The Cork City Mini Marathon, held in September, was another standout event. The dedicated team at Penneys on Patrick Street in Cork participated as part of their shop fundraiser for Arthritis Ireland. Smashing their target of €500, they raised an impressive €930 to support our services. A highlight of our fundraising calendar, the Dublin Marathon, took place on October 27th. Six incredible runners took part in the event for Arthritis Ireland, raising a combined total of €9,750 for our services. Their dedication and determination were truly inspiring.

In October, we also received a generous €3,000 donation from an individual supporter in Cork who raised funds for Arthritis Ireland as part of a swim challenge. Their efforts exemplify the creativity and commitment of our supporters across the country. We are deeply grateful to all who supported our fundraising efforts in 2024. Your generosity allows us to continue improving the lives of those living with arthritis, and we are inspired by the spirit of community and determination you bring to our mission.

National Raffle

Our Christmas Raffle once again proved to be another cornerstone of our fundraising efforts, delivering outstanding results and making a significant impact. The 2024 campaign raised an impressive €85,000, providing crucial funding for our work. This incredible achievement would not have been possible without the overwhelming support of our community, whose generosity continues to inspire us.

Every ticket purchased contributed directly to vital services, groundbreaking research, and powerful advocacy efforts aimed at improving the lives of people living with arthritis. From enabling us to expand our support programmes to funding initiatives that advance arthritis research, the funds raised through the raffle play an integral role in our mission.

We are deeply grateful to everyone who participated — whether by buying tickets, encouraging friends and family to join, or helping to spread the word about the campaign. Your support not only helps us raise essential funds but also strengthens our community, ensuring we can reach more people who need our help.

As we look ahead to next year, we are inspired by the ongoing commitment of our supporters and hope to build on this success to make an even greater impact. Thank you to everyone who played a part in this year's raffle.

Corporate Fundraising

In 2024, Arthritis Ireland's Fundraising team concentrated on developing a strategy to increase corporate support, laying the groundwork to grow our corporate funding in 2025. A significant milestone was reached in November when we received a remarkable donation of €400,000 from Ulster Bank. This substantial contribution provides essential funding as we move into 2025, supporting our mission to improve the lives of those living with arthritis.

In addition, we received several generous donations from other companies—some of which have been steadfast supporters of Arthritis Ireland for years, and others who are newly partnering with us.
We are deeply grateful for their commitment and contributions, which enable us to continue providing vital services and support.

NOCA Clinical Audit Awareness Day

Arthritis Ireland was honoured to be NOCA's (National Office of Clinical Audit) charity partner during Clinical Audit Awareness Week 2024. NOCA reviews and audits patient care with the aim of improving patient care and outcomes. During the week the initiative raised awareness and vital funds for the organisation. From a fantastic bake sale at RCSI to the bucket collections on Grafton Street, the dedication and support of the NOCA team was truly incredible, enabling us to continue providing essential services and support to those affected by arthritis.

Thank you

From the smallest donation to the most ambitious challenge, every act of support fuels our mission. On behalf of everyone at Arthritis Ireland, and the thousands of people we serve, we extend our heartfelt thanks to all who contributed to our fundraising efforts in 2024. Your kindness and determination inspire us every day, and your support ensures that we can continue making a meaningful difference.

A final note of gratitude to all our supporters: Arthritis Ireland cannot thank you enough for your unwavering commitment and generosity, which have a profound impact on our fundraising efforts year after year. Through your support, we can continue to work alongside people living with arthritis, helping to improve their quality of life no matter where they are on their arthritis journey.

From all of us at Arthritis Ireland, a heartfelt thank you.

Directors' Report & Financial Statements

Reference and Administrative Information

for the financial year ended 31 December 2024

Directors
Timothy O'Sullivan
Ursula Fearon
Orla Killeen
Ciara Curtin
Mairead Shannon
Eric Boyle
Coner Hyland
Mary Gillespie (Appointed 25 January 2024)
John Stack (Appointed 25 January 2024)
Catherine Hughes (Appointed 25 January 2024)

Company Secretary
Eric Boyle

Charity Number
6297

Charities Regulatory Authority Number
20011123

Company Number
78931

Registered Office and Principal Address
1 Clanwilliam Square
Grand Canal Quay
Dublin 2

Auditors
KSI Faulkner Orr Limited
Behan House
10 Lower Mount Street
Dublin 2, Ireland

Principal Bankers
AIB
1-4 Lower Baggot Street
Dublin 2, Ireland

Solicitors
Dillon Solicitors
Unit A1, Nutgrove Office Park
Rathfarnham
Dublin 14

Directors' Annual Report

for the financial year ended 31 December 2024

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 December 2024.

The financial statements are prepared in accordance with the Companies Act 2014, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Arthritis Ireland present a summary of its purpose, governance, activities, achievements and finances for the financial year 2024.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2014 and, although not obliged to comply with the Statement of Recommended Practice (Charities SORP effective January 2015), the organisation has implemented its recommendations where relevant in these financial statements.

Arthritis Ireland is limited by guarantee and does not have a share capital. At the balance sheet date there were 10 members whose guarantee is limited to €1.27. This guarantee continues for one year after membership ceases. The company is governed by the Companies Act 2014 and produces its accounts in compliance with that Act.

Mission, Objectives and Strategy

Mission Statement

We seek to ensure that every person living with arthritis in Ireland is supported to live a full and active life, having access to appropriate health services and treatments. We work to ensure an enhanced quality of life for people living with arthritis,m inimisingth e devastatinge ffectst hat arthritisc an have on lives

Vision

A better world for people living with arthritis today and a world without arthritis tomorrow.

Purpose

- We are the first and frequent point of support for people living with arthritis in Ireland.
- We develop and deliver the services and supports which allow people living with arthritis to lead full and active lives.
- We listen to our community and advocate solutions to their needs through developing evidence-based policy proposals.
- We influence the research agenda and promote development of new diagnostics, treatments and supports.

Values

- We understand the importance of trust and acting with the utmost INTEGRITY. We are responsible, accountable and operate to the highest governing standards.
- We are committed to TRANSPARENCY and are honest and clear about what we do, what we don't do and why.
- Our PERSON-CENTRED approach puts people living with arthritis at the heart of everything we do. Arthritis doesn't discriminate, so it's important for us to understand the lived reality of every person affected by this debilitating disease.
- We strive to be INCLUSIVE and ensure that the voices of those living with arthritis always take priority.
- We work in PARTNERSHIP with people living with arthritis, their families, employers, health professionals, service providers and other organisations to achieve the best possible outcomes and greatest impacts.
- We are INNOVATIVE, forward thinking and dynamic. We are committed to finding smarter ways of doing things to improve quality of care.

Structure, Governance and Management

Structure

Arthritis Ireland is governed by a board of directors. The board is elected at the AGM and consists of not more than 15 representatives as follows: not more than 4 directors from the societies (three from the Irish Society for Rheumatology (ISR) and one from the Irish Rheumatology Health Professionals Society (IRHPS) including the chairperson if a societies director), 4 directors nominated by the Arthritis Ireland branches and elected at the AGM, and 7 ordinary directors to be co-opted by the remaining members of the board. The present membership of the board is listed on the 'directors and other information' page. The directors and secretary who served during the year had no financial interests in the organisation. The board of Arthritis Ireland meets on a bi-monthly basis.

Arthritis Ireland has a Governance and Finance Committee, which is responsible for the following areas: audit and finance, board structure, succession planning, memo and articles of association, AGM, Charities Governance Code implementation and review, compensation and benefits, legal awareness.

Financial Review

The results for the financial year are set out on page 11-12 and additional notes are provided showing income and expenditure in greater detail.

Income

Total income for the year amounted to €1,797,506 (2023: €980,957).

In 2019, we published a new strategic plan which guides our work and covers the period 2019-2023. This plan was extended into 2024 while the new 2025-2029 strategic plan was in development. As part of this process, we articulated a new vision, mission and purpose for the organisation.

The directors remain confident that Arthritis Ireland will continue to achieve its strategic priorities into 2025 and beyond.

Financial Results
At the end of the financial year the company had gross assets of €2,300,566 (2023 - €1,866,898) and gross liabilities of €125,713 (2023 - €115,922). The net assets of the company have increased by €423,877.

Reserves Position and Policy
The Board recognises that an integral part of charitable fundraising has an element of risk and therefore agrees to providea minimum General Reserve fund of €500,000 for safeguarding the provision of its services in the event of adverse economic difficulties. These are referred to as Unrestricted Funds in its financial statements.

The full reserves policy of the charity is detailed in note 3.

Directors and Secretary
The directors who served throughout the financial year, except as noted, were as follows:

Timothy O'Sullivan
Ursula Fearon
Orla Killeen
Ciara Curtin
Mairead Shannon
Eric Boyle
Conor Hyland
Mary Gillespie (Appointed 25 January 2024)
John Stack (Appointed 25 January 2024)
Catherine Hughes (Appointed 25 January 2024)

The secretary who served throughout the financial year was Eric Boyle.

Compliance with Sector-Wide Legislation and Standards
The company engages pro-actively with legislation, standards and codes which are developed for the sector. Arthritis Ireland subscribes to and is compliant with the following:
- The Companies Act 2014
- The Charities SORP (FRS 102)

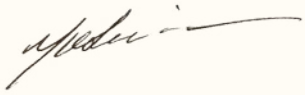
Post Balance Sheet Events
There have been no significant events affecting the company since the financial year-end.

The Auditors
The auditors, KSI Faulkner Orr Limited have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Statement on Relevant Audit Information
In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records
To ensure that adequate accounting records are kept in accordance with Sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at 1 Clanwilliam Square, Grand Canal Quay, Dublin 2.

Approved by the Board of Directors on 7th May 2025 and signed on its behalf by:



Timothy O'Sullivan
Director

Eric Boyle
Director

Directors' Responsibilities Statement

for the financial year ended 31 December 2024

The directors are responsible for preparing the Directors' Annual Report and Financial Statements in accordance with the Companies Act 2014 and applicable regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the net income or expenditure of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

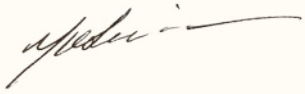
The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and net income or expenditure of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and the Directors' Annual Report comply with Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

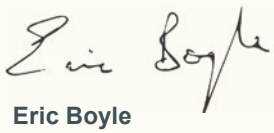
In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Directors on 7th May 2025 and signed on its behalf by:



Timothy O'Sullivan
Director



Eric Boyle
Director

Independent Auditor's Report to the Members of Arthritis Ireland

Report on the audit of the financial statements

Opinion

We have audited the company financial statements of Arthritis Ireland ('the Charity') for the financial year ended 31 December 2024 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2024 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described below in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 3 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. 1f we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Annual Report is consistent with the financial statements;
- the Directors' Annual Report has been prepared in accordance with the Companies Act 2014; and
- the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Annual Report.
The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not complied with by the charity. We have nothing to report in this regard.

RESPECTIVE RESPONSIBILITIES

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement set out on page 7, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless they either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit.

We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Emma Delaney
for and on behalf of
KSI FAULKNER ORR LIMITED
Statutory Auditors
Behan House
10 Lower Mount Street
Dublin 2
Ireland
07/05/2025

Arthritis Ireland
Statement of Financial Activities

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2024

	Notes	Unrestricted Funds 2024 €	Restricted Funds 2024 €	Designated Funds 2024 €	Total Funds 2024 €	Unrestricted Funds 2023 €	Restricted Funds 2023 €	Designated Funds 2023 €	Total Funds 2023 €
Income									
Voluntary Income									
Charitable activities	5.1	**550,712**	**-**	**-**	**550,712**	315,884	-	-	315,884
- Grants from governments and other co-funders	5.2	**-**	**507,925**	**-**	**507,925**	-	409,946	-	409,946
Activities for generating funds	5.3	**594,564**	**-**	**-**	**594,564**	175,711	-	-	175,711
Other income	5.4	**2,339**	**141,966**	**-**	**144,305**	683	78,733	-	79,416
Total income		**1,147,615**	**649,891**	**-**	**1,797,506**	492,278	488,679	-	980,957
Expenditure									
Charitable activities	6.1	**690,863**	**673,750**	**-**	**1,364,613**	653,981	496,026	-	1,150,007
Other expenditure	6.2	**9,016**	**-**	**-**	**9,016**	8,011	-	-	8,011
Total Expenditure		**699,879**	**673,750**	**-**	**1,373,629**	661,992	496,026	-	1,158,018
Net income/ (expenditure)		**447,736**	**(23,859)**	**-**	**423,877**	(169,714)	(7,347)	-	(177,061)
Transfers between funds		**-**	**-**	**-**	**-**	233,786	-	(233,786)	-
Net movement in funds for the financial year		**447,736**	**(23,859)**	**-**	**423,877**	64,072	(7,347)	(233,786)	(177,061)
Reconciliation of funds:									
Total funds beginning of the year	17	**655,430**	**9,897**	**1,085,649**	**1,750,976**	591,358	17,244	1,319,435	1,928,037
Total funds at the end of the year		**1,103,166**	**(13,962)**	**1,085,649**	**2,174,853**	655,430	9,897	1,085,649	1,750,976

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Approved by the Board of Directors on 7th May 2025 and signed on its behalf by:

Timothy O'Sullivan
Director

Eric Boyle
Director

Arthritis Ireland
Balance Sheet

as at 31 December 2024

	Notes	2024	2023
		€	€
Fixed Assets			
Tangible assets	**11**	**45,763**	50,461
Current Assets			
Debtors	**12**	**61,799**	27,991
Cash at bank and in hand	**13**	**2,193,004**	1,788,446
		2,254,803	1,816,437
Creditors: Amounts falling due within one year	**14**	**(125,713)**	(115,922)
Net Current Assets		**2,129,090**	1,700,515
Total Assets less Current Liabilities		**2,174,853**	1,750,976
Funds			
Designated funds		**1,085,649**	1,085,649
Income funds:	**16**		
Restricted funds		**(13,962)**	9,897
General fund (unrestricted)		**1,103,166**	655,430
Total funds	**17**	**2,174,853**	1,750,976

Approved by the Board of Directors on 7th May 2025 and signed on its behalf by:

Timothy O'Sullivan
Director

Eric Boyle
Director

Arthritis Ireland
Statement of Cash Flows

for the financial year ended 31 December 2024

	Notes	2024	2023
		€	€
Cash flows from operating activities			
Net movement in funds		**423,877**	(177,061)
Movement in designated net of amounts converted into income		**-**	233,786
Adjustments for:			
Depreciation		**9,016**	8,011
		432,893	64,736
Movements in working capital:			
Movement in debtors		**(33,808)**	5,163
Movement in creditors		**9,791**	15,341
Cash generated from operations		**408,876**	85,240
Cash flows from investing activities			
Payments to acquire tangible assets		**(4,318)**	(4,613)
Movement in designated net of amounts converted into income		**-**	(233,786)
Net increase/(decrease) in cash and cash equivalents		**404,558**	(153,159)
Cash and cash equivalents at the beginning of the year		**1,788,446**	1,941,605
Cash and cash equivalents at the end of the year	**13**	**2,193,004**	1,788,446

Arthritis Ireland
Notes to the Financial Statements

for the financial year ended 31 December 2024

1. General Information

Arthritis Ireland is a company limited by guarantee incorporated in Ireland. The registered office of the company is 1 Clanwilliam Square, Grand Canal Quay, Dublin 2 which is also the principal place of business of the company. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

Arthritis Ireland is governed by a Memorandum and Articles of Association. In our strategic plan we have identified 6 key strategic priorities:

1. Provide relevant and meaningful services to people living with arthritis across the full journey of their disease.
2. Make Arthritis Ireland the 'go-to' destination for information, services and supports.
3. Ensure our organisation is dynamic, networked, transparent and resourced to deliver our strategic priorities.
4. Advocate and offer solutions to the State to recognise its role and responsibilities to people living with arthritis.
5. Build public awareness and understanding of arthritis.
6. Influence research activities for better treatments, diagnoses and cure.

Arthritis Ireland has throughout the year been fundraising and spending its funds in support of its strategic priorities.

2. Summary Of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

BASIS OF PREPARATION

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

The company has applied the Charities SORP on a voluntary basis as its application is not a requirement of the current regulations for charities registered in the Republic of Ireland. As permitted by the Companies Act 2014, the company has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats, as outlined in the Companies Act 2014, are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP

STATEMENT OF COMPLIANCE

The financial statements of the company for the financial year ended 31 December 2024 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

FUND ACCOUNTING

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the company.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the company.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

DONATIONS AND LEGACIES

Income from donations and legacies includes donations from individuals and corporate bodies. This income is recognised on a receipts basis. This income is unrestricted.

INCOME FROM CHARITABLE ACTIVITIES

Income from Charitable Activities includes grant income from the Health Service Executive and Department of Rural and Community Development, corporate sponsorship and income. This income is reflected in the Statement of Financial Activities in the period in which the related expenditure is incurred. This income is always restricted.

INCOME FROM FUNDRAISING

Fundralsing income is derived from activities and events held by the organisation and the general public. This income is recognised when it is received and is classified as unrestricted.

OTHER INCOME

Other income is derived from branch income and bank interest. Branch income derives from activities and fundraising held by the branches throughout Ireland. This income is recognised in the Statement of Financial Activities when received. Branch income is restricted and bank interest income is unrestricted.

EXPENDITURE

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the company but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

ALLOCATION OF SUPPORT COSTS

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs are analysed between cost of raising funds and expenditure on charitable activities. Where costs cannot be directly attributed, they are allocated in proportion to the benefits received. Salaries and associated costs which can be attributed to specific projects are charged accordingly.

DONATED SERVICES OR FACILITIES

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

RESERVES POLICY

Income/revenue is received from time to time on both a restricted and unrestricted basis. Restricted income is received against a specific project or service either donor advised or corporate sponsorship and cannot beused for any other purpose other than the wishes of the donor. Unrestricted income is used at the discretion of management and is generally deployed against frontline services as the need arises.

The policy applies to all funds detailed within the financial statements of the organisation as audited each year by its auditors.

- The Board has a policy to ensure all funds, whether invested in short or long-term financial instruments, guarantees the original capital sum.
- The Board recognises that an integral part of charitable fundraising has an element of risk and therefore agrees to provide a minimum General Reserve fund of €500,000 for safeguarding the provision of its services in the event of adverse economic difficulties. These are referred to as Unrestricted Funds in its financial statements.

TANGIBLE FIXED ASSETS AND DEPRECIATION
Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	2% Straight line
Fixtures, fittings and equipment	33.3% Straight line
Motor vehicles	20% Straight line

DEBTORS
Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

CASH AT BANK AND IN HAND
Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

TAXATION AND DEFERRED TAXATION
Arthritis Ireland has received charitable exemption from the Revenue Commissioners. Accordingly no taxation charge has been included in the financial statements. The company's charitable number is CHY 6297.

In line with the stipulations of DPER Circular 13/2014, the charity has obtained and maintained a valid Tax Clearance Certificate for the financial year ended 31 December 2024. This certificate confirms that the charity is compliant with all tax obligations at the time of issuance

3. **Provisions Available For Audits Of Small Entities**
   In common with many other charitable companies of our size and nature, we use our auditors to assist with the preparation of the financial statements.

4. **Critical Accounting Judgement And Estimates**
   The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

   Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

   The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

   (a) Establishing useful economic lives for depreciation purposes of tangible fixed assets
   Long lived assets, consisting primarily of tangible fixed assets, comprise a significant portion of the total assets. The annual depreciation charge depends primarily on the estimated useful economic lives of each type of asset and estimates of residual values. The directors regularly review these asset useful economic lives and change them as necessary to reflect current thinking on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset useful lives can have a significant impact on depreciation and amortisation charges for the period. Detail of the useful economic lives is included in the accounting policies.

5. INCOME

5.1 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	2024	2023
	€	€	€	€
Donations and legacies	**550,712**	**-**	**550,712**	315,884

5.2 CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2024	2023
	€	€	€	€
Grants from governments and other co-funders:				
Dept. of Rural and Community Development	**-**	**90,961**	**90,961**	90,961
Health Service Executive	**-**	**170,000**	**170,000**	169,352
Branch grants	**-**	**17,445**	**17,445**	21,204
Sponsorship	**-**	**162,343**	**162,343**	94,708
Other grants	**-**	**67,176**	**67,176**	33,721
	-	**507,925**	**507,925**	409,946

5.3 OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	2024	2023
	€	€	€	€
Fundraising	**594,564**	**-**	**594,564**	175,711

5.4 OTHER INCOME

	Unrestricted Funds	Restricted Funds	2024	2023
	€	€	€	€
Branch income	**-**	**141,966**	**141,966**	78,733
Interest income	**2,339**	**-**	**2,339**	683
	2,339	**141,966**	**144,305**	79,416

6. EXPENDITURE

6.1 CHARITABLE ACTIVITIES

	Direct Costs	Other Costs	Support Costs	2024	2023
	€	€	€	€	€
Administration	**-**	**-**	**102,907**	**102,907**	92,985
Community Support Service	**-**	**-**	**357,539**	**357,539**	310,689
Education & Information Programmes	**-**	**-**	**189,007**	**189,007**	189,820
Awareness and Advocacy	**-**	**-**	**138,559**	**138,559**	118,102
Governance	**-**		**184,743**	**184,743**	176,260
Research	**-**	**-**	**101,009**	**101,009**	60,342
Fundraising	**-**	**-**	**290,849**	**290,849**	201,809
	-	**-**	**1,364,613**	**1,364,613**	1,150,007

6.2 OTHER EXPENDITURE

	Direct Costs	Other Costs	Support Costs	2024	2023
	€	€	€	€	€
Other expenditure	-	**9,016**	-	**9,016**	8,011

6.3 SUPPORT COSTS

	Charitable Activities	2024	2023
	€	€	€
Maintenance and Insurance	**13,308**	**13,308**	14,424
Staff costs	**590,772**	**590,772**	505,978
Administration	**86,128**	**86,128**	85,117
Programme expenses	**556,154**	**556,154**	437,506
Meetings	**10,557**	**10,557**	2,623
Bank charges	**3,516**	**3,516**	3,343
Professional membership	**4,177**	**4,177**	4,835
Professional and consultancy fees	**60,495**	**60,495**	57,207
Accountancy fees	**33,496**	**33,496**	32,223
Auditor fees	**6,010**	**6,010**	6,751
	1,364,613	**1,364,613**	1,150,007

7. ANALYSIS OF SUPPORT COSTS

	Basis of Apportionment	2024	2023
		€	€
Maintenance and Insurance		**13,308**	14,424
Staff costs		**590,772**	505,978
Administration		**86,128**	85,117
Programme expenses		**556,154**	437,506
Meetings	Governance	**10,557**	2,623
Bank charges	Governance	**3,516**	3,343
Professional membership	Governance	**4,177**	4,835
Professional and consultancy fees	Governance	**60,495**	57,207
Accountancy fees	Governance	**33,496**	32,223
Auditor fees	Governance	**6,010**	6,751
		1,364,613	1,150,007

8. NET INCOME

	2024	2023
	€	€
Net Income is stated after charging/(crediting):		
Depreciation of tangible assets	**9,016**	8,011
Auditor's remuneration:		
- audit services	**6,010**	6,751

9. EMPLOYEES AND REMUNERATION

Number of employees

The average number of persons employed during the financial year was as follows:

	2024 Number	2023 Number
Office and administration	**12**	10

The staff costs comprise:	2024 €	2023 €
Wages and salaries	**590,772**	505,978

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

10. SALARY BANDS

The number of employees whose total employee benefits (excluding employer pension costs) for the reporting period fell within the bands below were:

	2024 Number of Employees	2023 Number of Employees
€80,000 - €90,000	**1**	1

11. TANGIBLE FIXED ASSETS

	Land and buildings freehold €	Fixtures, fittings and equipment €	Motor vehicles €	Total €
Cost				
At 1 January 2024	144,688	190,902	28,287	363,877
Additions	-	4,318	-	4,318
At 31 December 2024	144,688	195,220	28,287	368,195
Depreciation				
At 1 January 2024	103,245	181,884	28,287	313,416
Charge for the financial year	2,892	6,124	-	9,016
At 31 December 2024	106,137	188,008	28,287	322,432
Net book value				
At 31 December 2024	**38,551**	**7,212**	**-**	**45,763**
At 31 December 2023	41,443	9,018	-	50,461

12. DEBTORS

	2024 €	2023 €
Other debtors	**5,101**	188
Prepayments	**28,986**	13,610
Accrued Income	**27,712**	14,193
	61,799	27,991

13. CASH AND CASH EQUIVALENTS

	2024	2023
	€	€
Cash and bank balances	**2,193,004**	1,788,446

14. CREDITORS

	2024	2023
	€	€
Amounts falling due within one year		
Trade creditors	**22,543**	35,601
Taxation and social security costs	**13,545**	12,827
Pension accrual	**-**	(9,384)
Accruals	**30,686**	15,048
Deferred Income	**58,939**	61,830
	125,713	115,922

15. STATE FUNDING

Agency	**Pobal**
Government Department	Department of Rural and Community Development
Grant Programme	Scheme to support National Organisations in the Community and Voluntary Sector
Term	Expires 31st December 2024
Total Fund	€90,961
Expenditure	€90,961
Capital Grant	No
Restriction on use	Support for staff wages

Agency	**Health Service Executive**
Government Department	Department of Health
Grant Programme	Section.39
Term	Expires 31st December 2024
Total Fund	€170,000
Expenditure	€170,000
Capital Grant	No
Restriction on use	Self-Management Courses

16. RESERVES

	2024	2023
	€	€
At the beginning of the year	**1,750,976**	1,928,037
Surplus/(Deficit) for the financial year	**423,877**	(177,061)
At the end of the year	**2,174,853**	1,750,976

17. FUNDS

17.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds	Restricted Funds	Designated Funds	Total Funds
	€	€	€	€
At 1 January 2023	591,358	17,244	1,319,435	1,928,037
Movement during the financial year	64,072	(7,347)	(233,786)	(177,061)
At 31 December 2023	655,430	9,897	1,085,649	1,750,976
Movement during the financial year	447,736	(23,859)	-	423,877
At 31 December 2024	**1,103,166**	**(13,962)**	**1,085,649**	**2,174,853**

17.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2024	Income	Expenditure	Transfers between funds	Balance 31 December 2024
	€	€	€	€	€
Designated funds					
Designated Fund	1,085,649	-	-	-	1,085,649
Restricted funds					
Restricted	9,897	649,891	673,750	-	(13,962)
Unrestricted funds					
Unrestricted General	655,430	1,147,615	699,879	-	1,103,166
Total funds	**1,750,976**	**1,797,506**	**1,373,629**	**-**	**2,174,853**

Designated Fund

The Designated Fund designated for specific is made up of two legacies received in 2020 and 2021, the funds have been expenditure over the next three years. As the funds are spent the amount in the Designated Fund will be transferred to the Unrestricted Fund.

No expenditure was incurred from this fund in 2024.

In previous years transfers to the Designated funds were presented as a cash inflow and a subsequent cash outflow in the Statement of Cash Flows. These transfers will not be included as a cash flow movement going forward. Rather, the expenditure will be incurred directly under Designated funds and no transfer from the unrestricted reserve will be required.

17.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use	Current assets	Current liabilities	Total
	€	€	€	€
Restricted funds	45,763	2,254,803	(125,713)	2,174,853
	45,763	**2,254,803**	**(125,713)**	**2,174,853**

18. STATUS

Arthritis Ireland is limited by guarantee and does not have a share capital. At the balance sheet date there were 10 members whose guarantee is limited to €1.27. This guarantee continues for one year after membership ceases. The company is governed by the Companies Act 2014 and produces its accounts in compliance with that Act.

19. RELATED PARTY TRANSACTIONS

There were no transactions with the directors during the period.

Key management includes the Chief Executive Officer (CEO). The amount paid or payable to key management for employee services of the CEO was €88,168 (2023; €85,600).

20. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the Board of Directors on 7th May 2025.

Arthritis Ireland

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